

FAMILY
FUNCTIONAL
MEDICINE

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FREE CONSULT

336-365-6010

Are You Ready To
Finally Feel Better?

We help motivated people regain their energy, vitality and sound sleep by uncovering the root cause of their health challenges, so they can finally take back their life, leading a productive life looking and feeling their best, even if you've tried everything.

SCHEDULE A FREE DISCOVERY CONSULT

Family Functional Medicine

Welcome To Our Practice

Our collaborative care approach focuses on building lifelong health skills that serve you and your entire family – supported by doctors and health coaches. Helping people live a more balanced & healthier life isn't just our job, it's our passion!

We take our commitment to lifelong, optimal health + wellness very seriously... incorporating the latest scientific advances and dedicated to the very best care possible. We are dedicated to empowering you regarding gut health, detox, weight loss, chronic conditions, metabolic syndrome, diabetes, and obesity – and how to adapt your lifestyle, habits, and environment for optimal wellness that lasts a lifetime. Can you imagine a life where you feel great every day?

CERTIFIED PRACTITIONER

DR. JILL CRISLA

BRAIN FOG

UNHAPPY GUT

MOOD CHANGES

LOW LIBIDO

FATIGUE

HOT FLASHES / NIGHT SWEATS

INSOMNIA

WEIGHT GAIN / MUSCLE LOSS

PAIN DURING SEX

MUSCLE ACHES & JOINT PAIN

SCHEDULE DISCOVERY CONSULT

The Blueprint To Your Health

WHAT SETS OUR PRACTICE APART?

Patient Resources

THE ONE-PAGE

Beating Digestive Drama Cheatsheet

Break Free From Bloating, Gassiness, Heartburn & Irregular Bowel Movements

DOWNLOAD NOW

THE HELP YOU NEED FOR

Overcoming Gut Issues Naturally

Understanding Symptoms, Causes & Treatment Strategies

TAKE QUIZ NOW

Testimonials

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"Dr. Ingram is awesome and thorough. Looked at blood panels and other stuff. Knew what was wrong and after spending 9 months in agony and being fed prescription drugs to mask the situation...haven't taken any medicine and better than I have been in years."

Dave K.

>

Take The First Step Today On
Your Journey Back To Health

Do you have questions about starting your path back to health? Our patient coordinator is standing by, happy to answer any questions you have to determine if our approach is right for you.

SCHEDULE DISCOVERY CONSULT

Subscribe To Our Newsletter

Register for our newsletter.

Full Name*

Email*

☐ I agree to [terms & conditions](#) provided by the company. By providing my phone number, I agree to receive text messages from the business.

SIGN UP NOW!

Contact Us Today

336-365-6010

info@familyfunctionalmed.com

Mon - Thu: 9am - 4:30pm

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