



Balanced Hormones

= Unstoppable You

Don't let hormonal imbalances get the better of you! Regain your energy, focus and libido. Stay strong and resilient as you age with our lifestyle medicine programs and natural bioidentical hormone therapy (BHRT) so that you can look & feel your absolute best!

[SCHEDULE DISCOVERY CONSULT](#)

DO YOU EXPERIENCE THESE SYMPTOMS?

We can tackle your hormone symptoms & get your body back in balance



Brain Fog



Chronic GI Complaints



Mood Changes



Low Libido



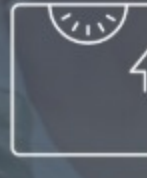
Fatigue



Hot Flashes / Night Sweats



Poor Sleep & Insomnia



Weight Gain



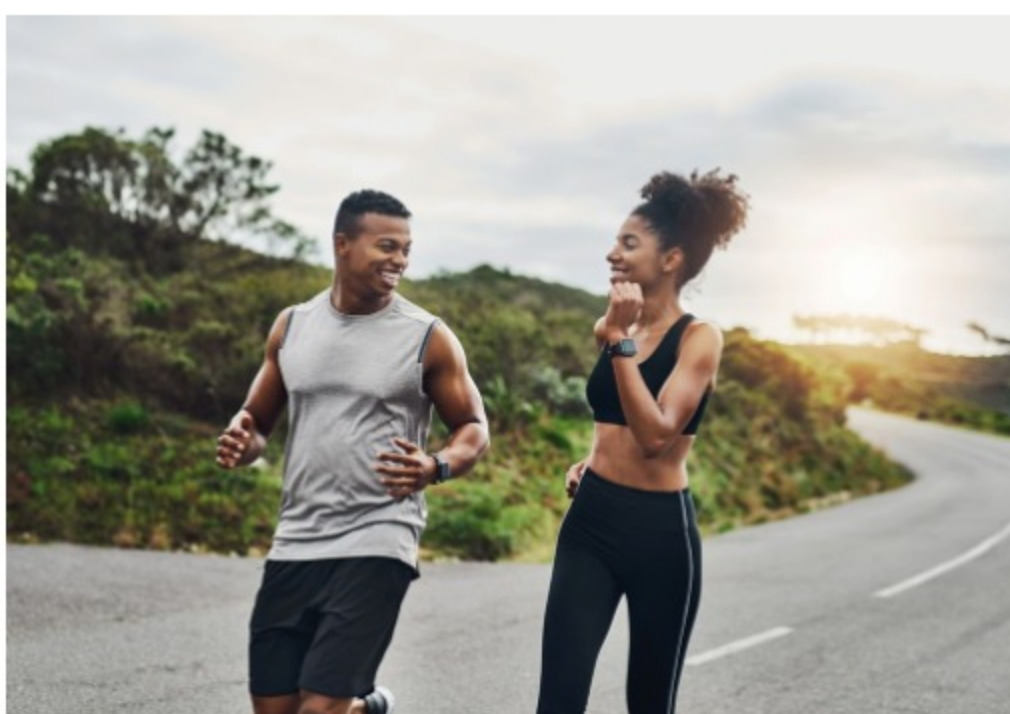
Pain During Sex



Muscle Aches & Joint Pain

Restore Your Youthful Vitality

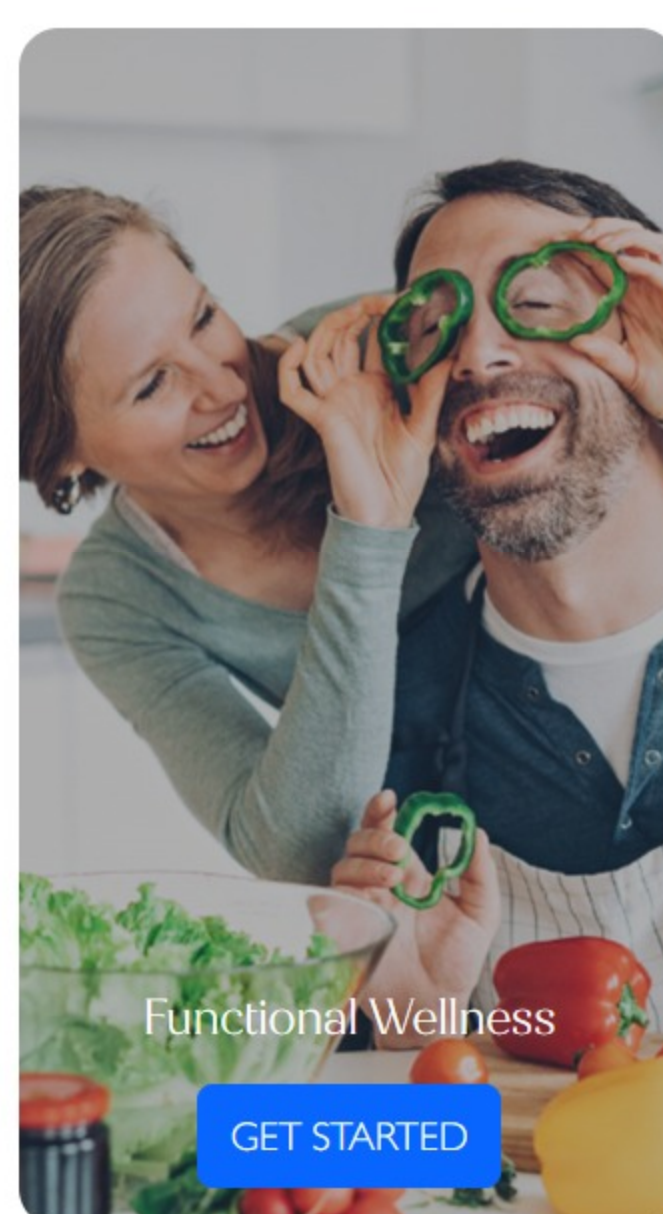
We provide a range of anti-aging therapies including bioidentical hormone replacement therapy to help you stay youthful, sharp, and fit as you age so that hormonal imbalances don't drain you of your vitality. Don't let hormone imbalances call the shots! Take charge of your health with a personalized treatment plan that's safe and smart.



Hormone Optimization

[GET STARTED](#)

Testosterone Optimization

[GET STARTED](#)

Functional Wellness

[GET STARTED](#)

Life Can Be A Rollercoaster... Your Hormones Don't Have To Be!



Natural & Safe

Bioidentical hormones, derived from compounds found in plants, are now being used in place of traditional HRT.

They are an exact match to hormones found in the human body making them free of pollutants that can raise your risk for certain illnesses & are highly customizable for proper dosing.



Personalized

In conjunction with our functional wellness approach, we carefully prescribe bioidentical hormone replacement to alleviate symptoms.

Your dosage is customized specifically to you, your physiology and specific needs based on your hormone testing, age, weight & risk factors.



Holistic

While BHRT can be life-changing, we look at the full "hormone health spectrum" by also reviewing all other aspects of functional health including nutrition, detox and lifestyle.

We provide personalized nutrition & detox guidance to compliment BHRT and help reduce inflammation and further balance your hormones.

Meet Dr. Pedro Gonzalez

Transforming lives through cutting-edge medicine, Dr. Pedro Gonzalez is a board-certified Physical Medicine & Rehabilitation physician specializing in hormone optimization, functional medicine, and regenerative therapies. Serving patients in Chicago since 2014 with medical licenses in Illinois, Florida, Texas and Puerto Rico.

Dr. Gonzalez completed specialty training at NYU Medical Center with extensive post-graduate education in: Testosterone Replacement Therapy Fellowship under Harvard-trained Dr. Abraham Morgentaler; Bioidentical Hormone Replacement Therapy Certification through BHRT Academy; Functional Medicine Training with Dr. Daniel Kalish; Advanced Lab Interpretation & Lipid Restoration Certification with Dr. Dayan Goodenowe; and Peptide & Cellular Medicine Certification through SSRP with Dr. William Seeds.

[LEARN MORE](#)

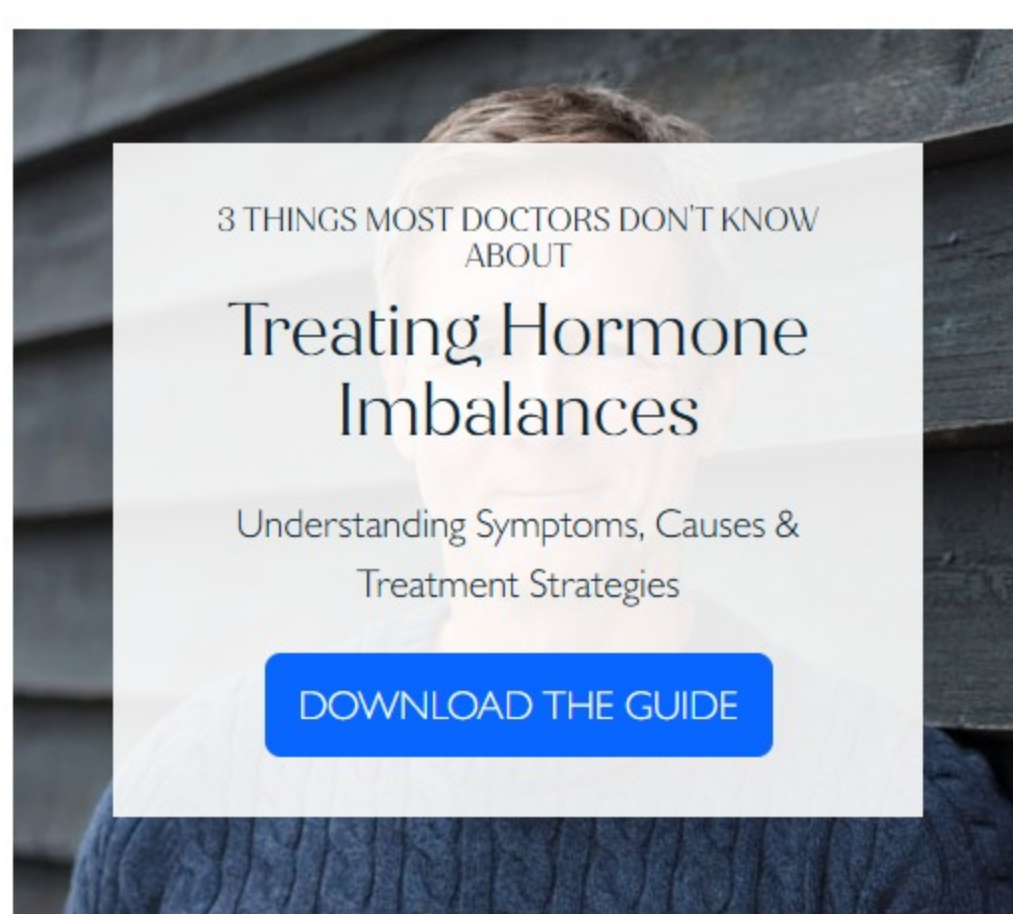
TESTIMONIALS

In Our Patients Own Words

"I was in a really bad place with my health when I found Dr. Gonzalez who was recommended by my best friend. I will be honest, it's not easy to make some of the changes in the beginning but feeling AMAZING is worth it! I can't believe how my energy has skyrocketed and that a lot of my issues were linked to what I was eating and the fact that I had horrible sleep problems that not even the sleeping pills could help! I am so grateful for having Dr. Gonzalez in my team!!! Thank you for helping me get my life back."



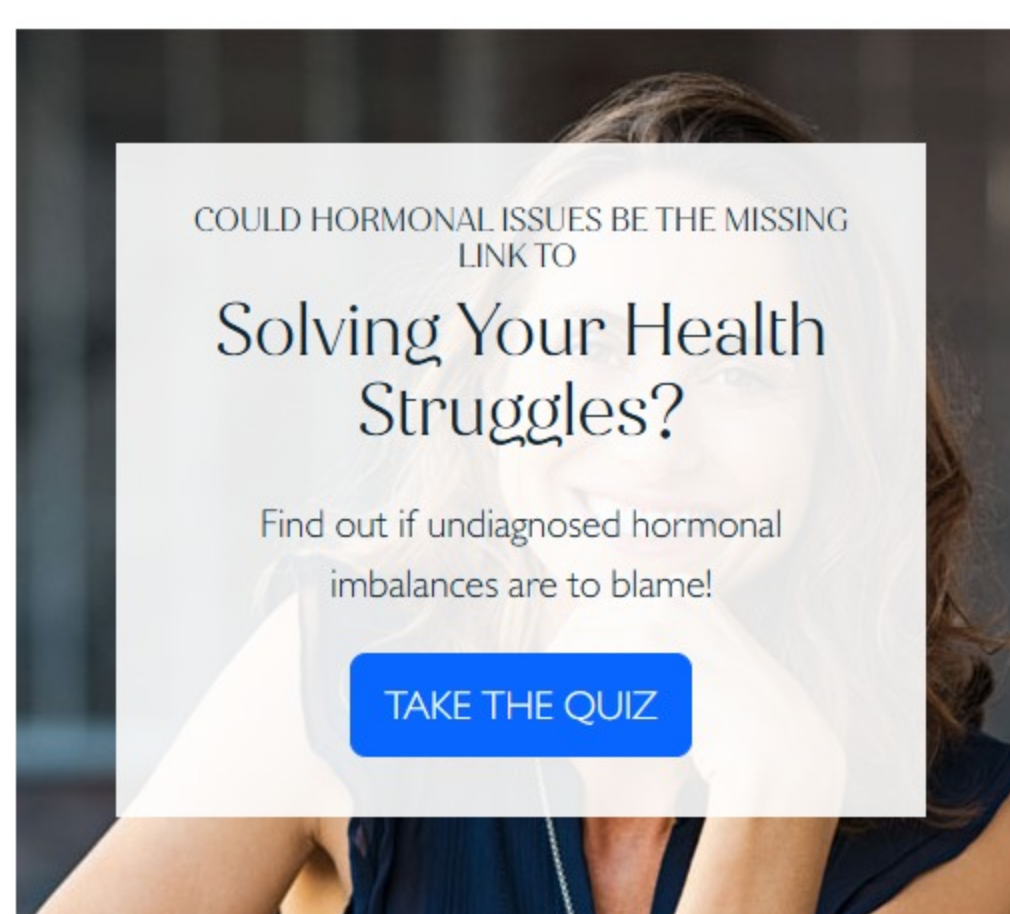
Kenny S.



3 THINGS MOST DOCTORS DON'T KNOW ABOUT

Treating Hormone Imbalances

Understanding Symptoms, Causes & Treatment Strategies

[DOWNLOAD THE GUIDE](#)

COULD HORMONAL ISSUES BE THE MISSING LINK TO

Solving Your Health Struggles?

Find out if undiagnosed hormonal imbalances are to blame!

[TAKE THE QUIZ](#)

Take The First Step To Better Hormone Balance

Looking to restore hormone balance & vibrant health, but aren't sure about your options? Book a phone consult to get the clarity & confidence you need!

[SCHEDULE DISCOVERY CONSULT](#)

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Focus Areas

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Areas Served

Dr. Pedro Gonzalez, MD is based in Chicago/Illinois, and serves patients throughout Illinois, Florida and Texas. These areas include but are not limited to Chicago Loop, Lincoln Park, Near North Side, River North, West Town, Streeterville, Lake View, Logan Square, Little Village, Bridgeport, Oak Park, Oakbrook, Harwood Heights, Arlington Heights, Bucktown, Old Town, Maywood, Lincoln Square, Edgewater, Evanston, Cook County, Lake County.