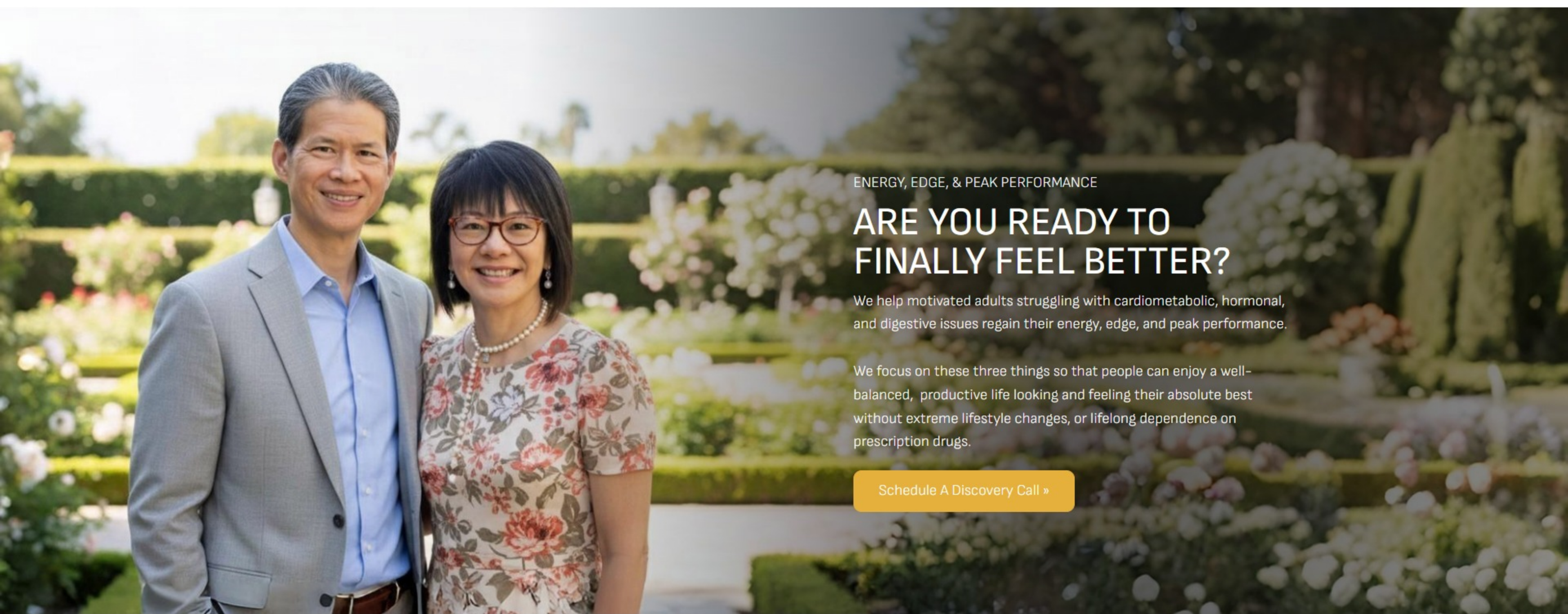




ENERGY, EDGE, & PEAK PERFORMANCE

ARE YOU READY TO FINALLY FEEL BETTER?

We help motivated adults struggling with cardiometabolic, hormonal, and digestive issues regain their energy, edge, and peak performance.

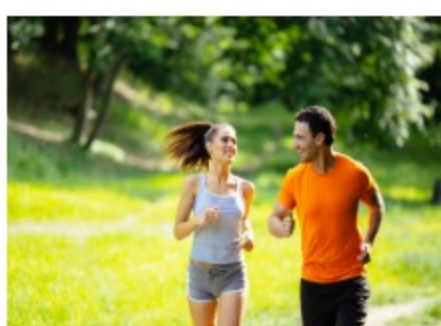
We focus on these three things so that people can enjoy a well-balanced, productive life looking and feeling their absolute best without extreme lifestyle changes, or lifelong dependence on prescription drugs.

Schedule A Discovery Call »

Our Treatments



Aesthetic Treatments



Athletic Performance



Executive Performance



FSM Therapy



Gut Reset



Immune Reset



Joint Regeneration



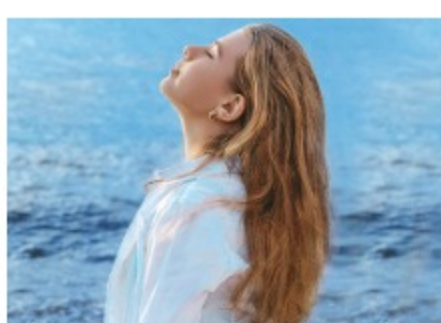
Longevity Optimization



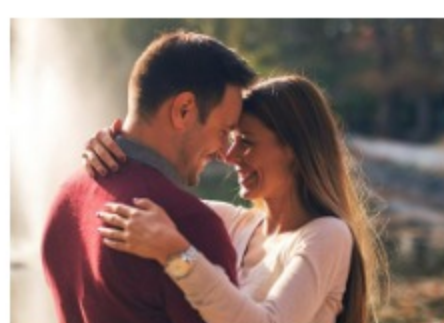
Brain Optimization



Optimizing Metabolism



Peptides & Exosomes



Sexual Wellness



Surgical Support

Schedule A Discovery Call »

Are You Struggling With...



Hormonal Imbalances

- Low Reproductive Hormones
- Adrenal/Thyroid Issues
- Loss Of Drive, Libido
- Brain Fog & Chronic Fatigue
- Lack of Focus & Low Performance



Cardiometabolic Imbalances

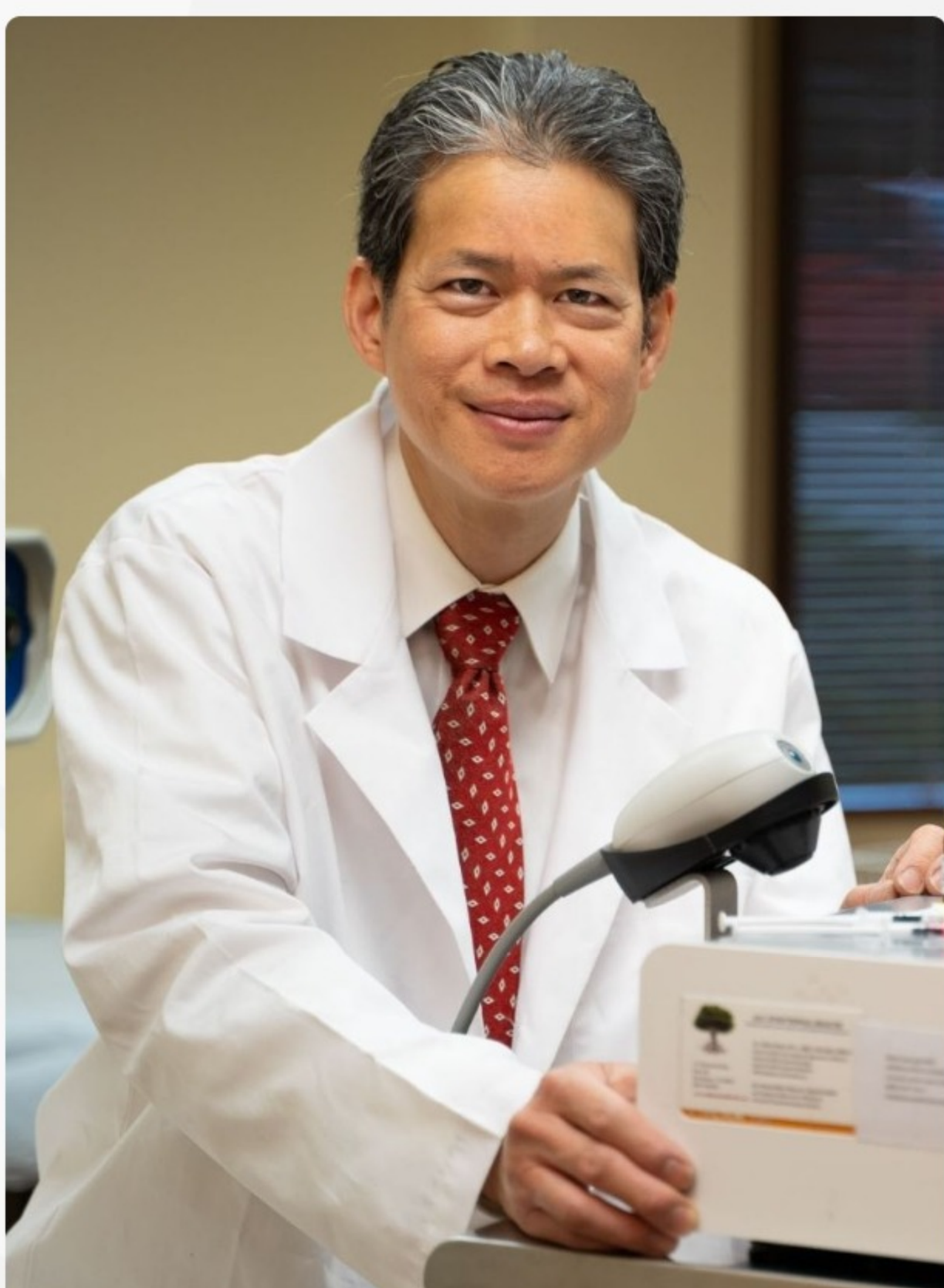
- Weight Loss Resistance
- Blood Sugar Dysregulation
- Dyslipidemia & High Cholesterol
- Cardiometabolic Syndrome
- Inflammation & CVD



Or Other Health Problems Like

- Abdominal Pain
- Abdominal Discomfort
- Gastrointestinal Tract
- Bowel Habits/ Bowel Movements
- Digestive Health/ Digestive System

Schedule A Discovery Call »



EXPERIENCED EXPERT

Why All Functional Health?

With more than two decades of experience, **Dr. Mark** stands as a seasoned expert in the field of holistic health and well-being. His life's work is to help patients not only recover their health but also enhance their mental clarity, physical vitality, and overall quality of life.

Dr. Mark's primary focus lies in the **profound influence of gut health** on one's overall well-being, successfully guiding countless individuals on transformative journeys to optimal health.

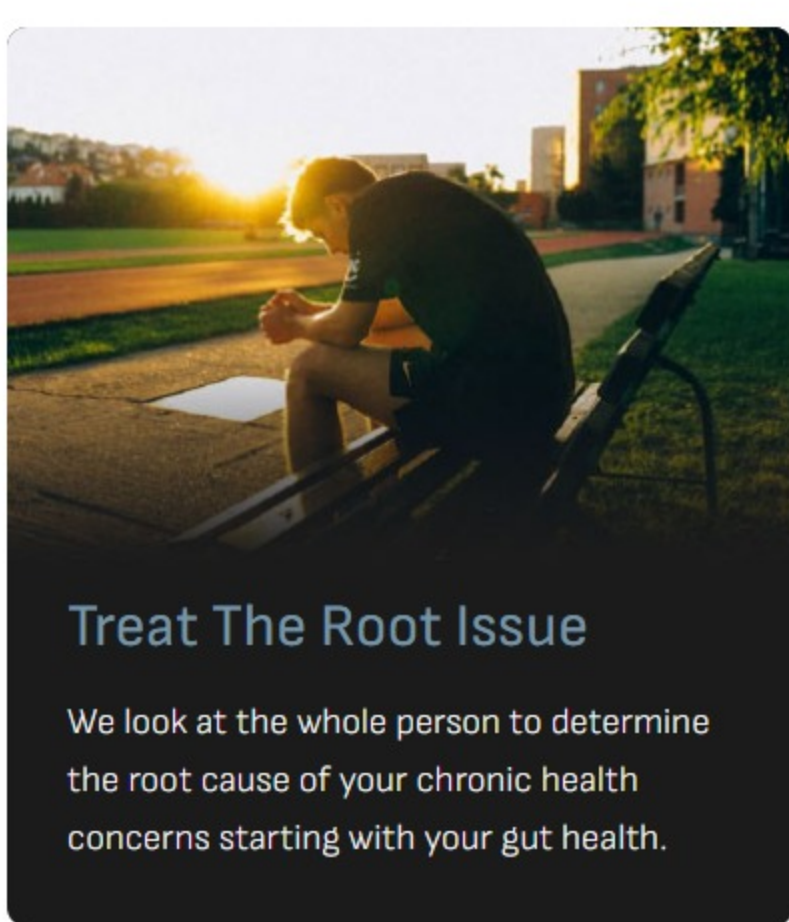
Dr. Mark's approach to healing is deeply personalized, recognizing that each person's health journey is unique.

His comprehensive methodology encompasses a holistic blend of strategies, including tailored **dietary plans, specialized supplements, lifestyle adjustments, and the strategic use of peptides** and other anti-aging therapies.

One of Dr. Mark's most remarkable qualities is his ability to provide renewed hope and solutions to those who have previously sought medical assistance without the desired results.

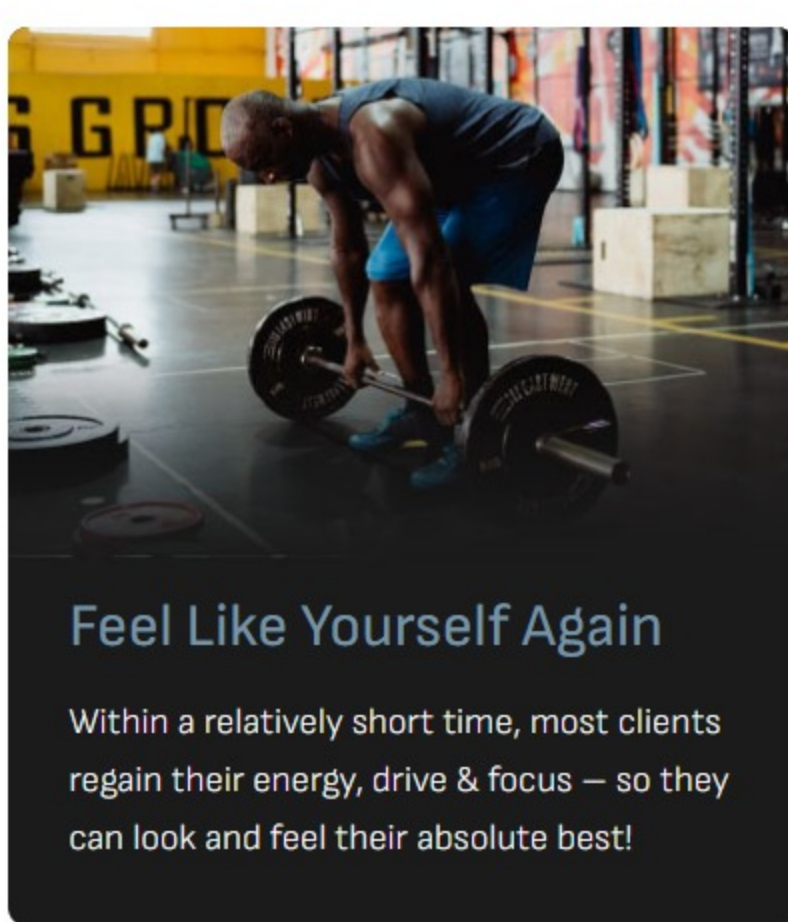
Whether you are looking to address cardiometabolic, hormonal, and digestive issues and regain your energy, edge, and peak performance, our team is here to guide and support you every step of the way with a comprehensive, integrative approach.

Learn More



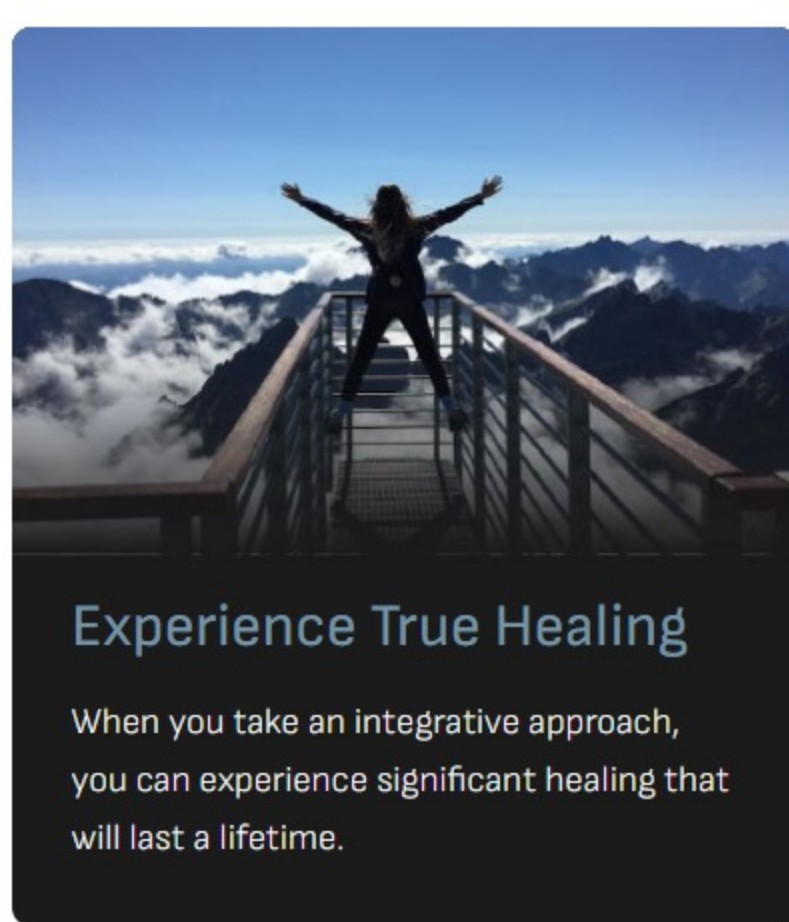
Treat The Root Issue

We look at the whole person to determine the root cause of your chronic health concerns starting with your gut health.



Feel Like Yourself Again

Within a relatively short time, most clients regain their energy, drive & focus – so they can look and feel their absolute best!



Experience True Healing

When you take an integrative approach, you can experience significant healing that will last a lifetime.

Schedule A Discovery Call »

HOW THIS WORKS

Getting Started Is Simple

We are here to help you regain your energy, edge and peak performance so you can enjoy a well-balanced, productive life looking and feeling your absolute best... without extreme lifestyle changes or lifelong dependence on prescription drugs!



Step 1

Download our comprehensive guide on how to resolve chronic digestive & hormonal issues without endless drugs and extreme diet changes...



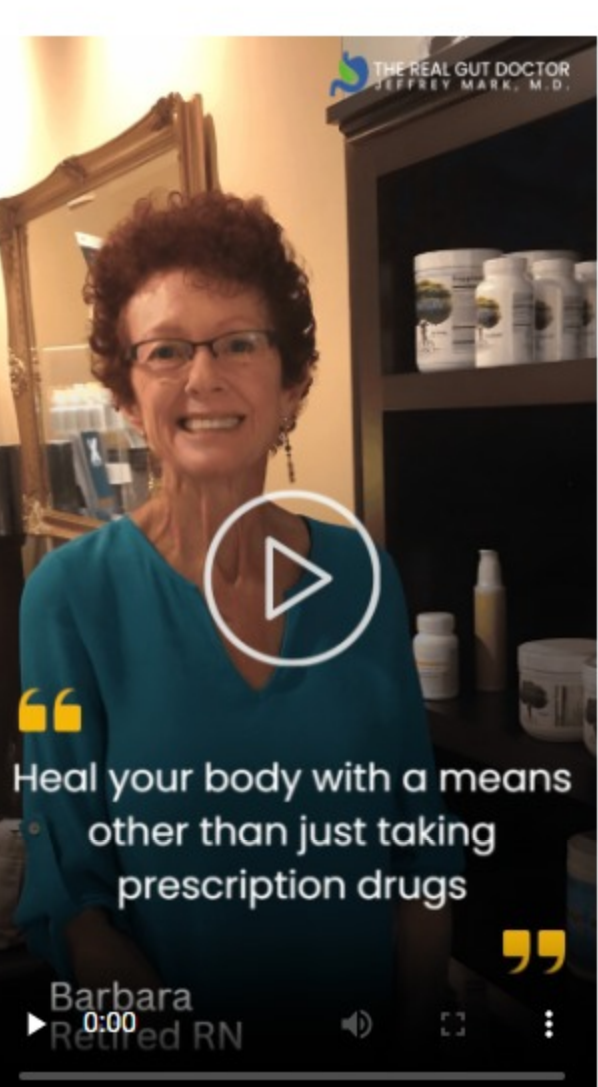
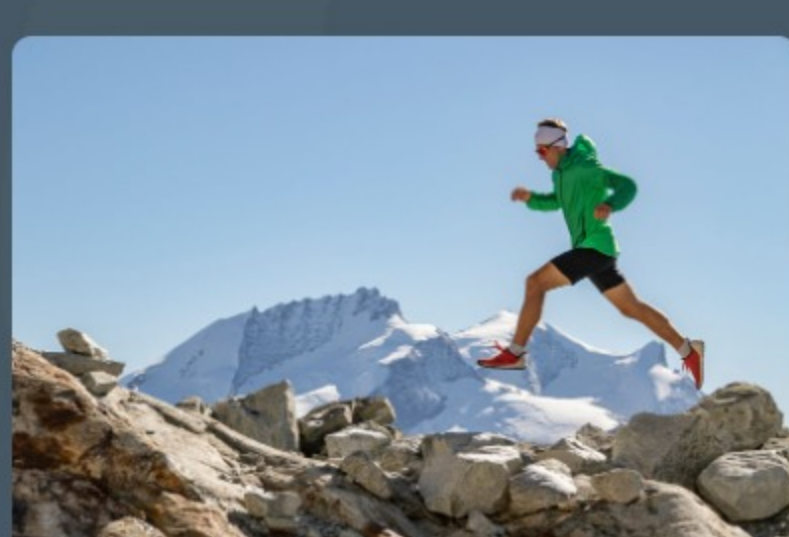
Step 2

If you want to get crystal clear on the exact next steps you should be taking, **schedule a free 15-minute conversation!**



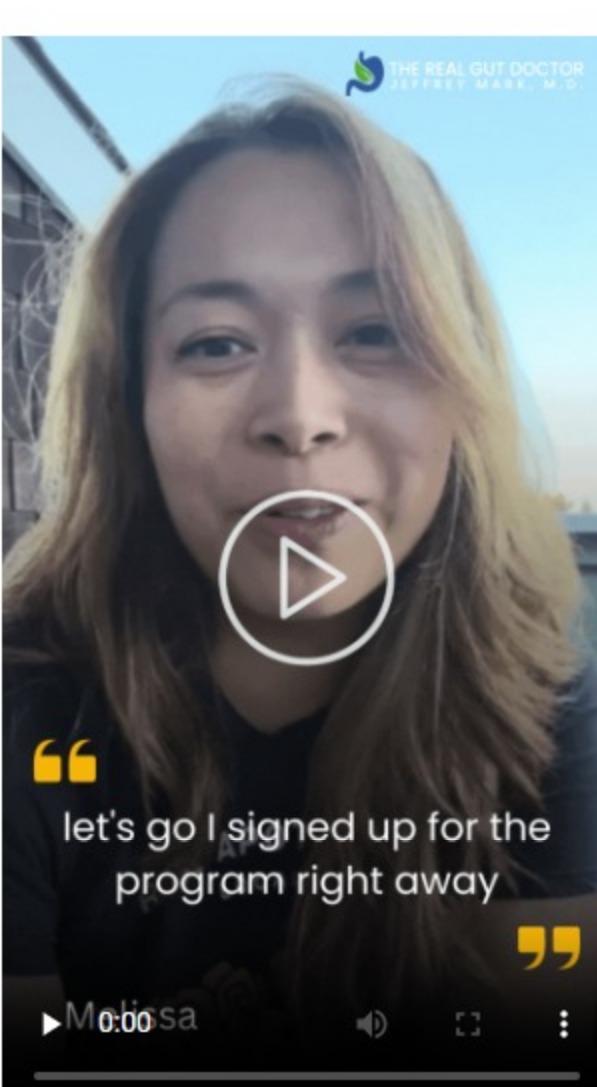
Step 3

Schedule your first appointment, putting you back on the path to lasting, vibrant health.



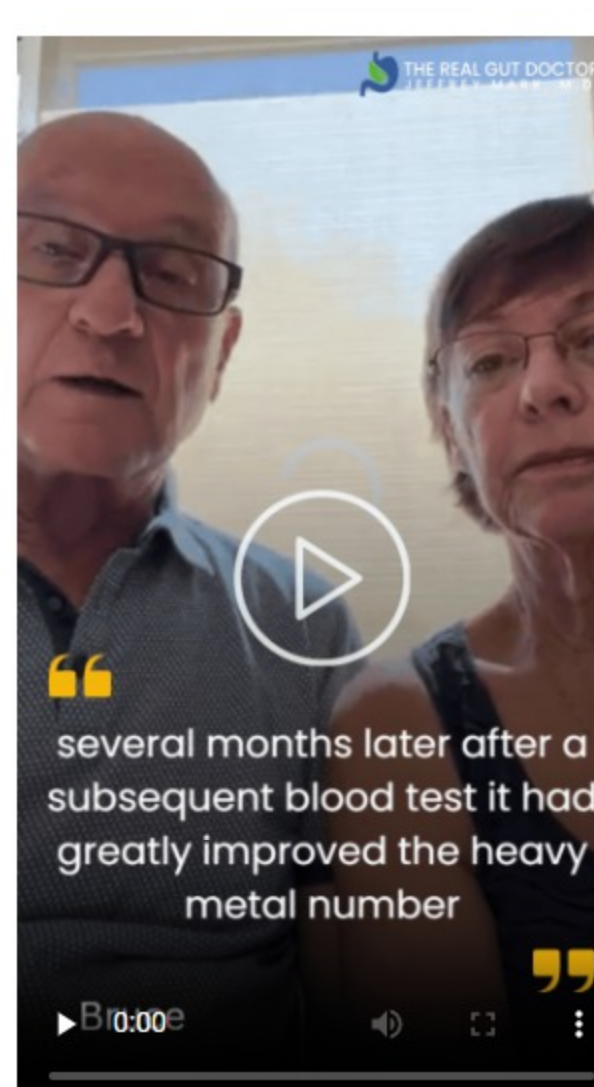
“Heal your body with a means other than just taking prescription drugs”

Barbara
Retired RN



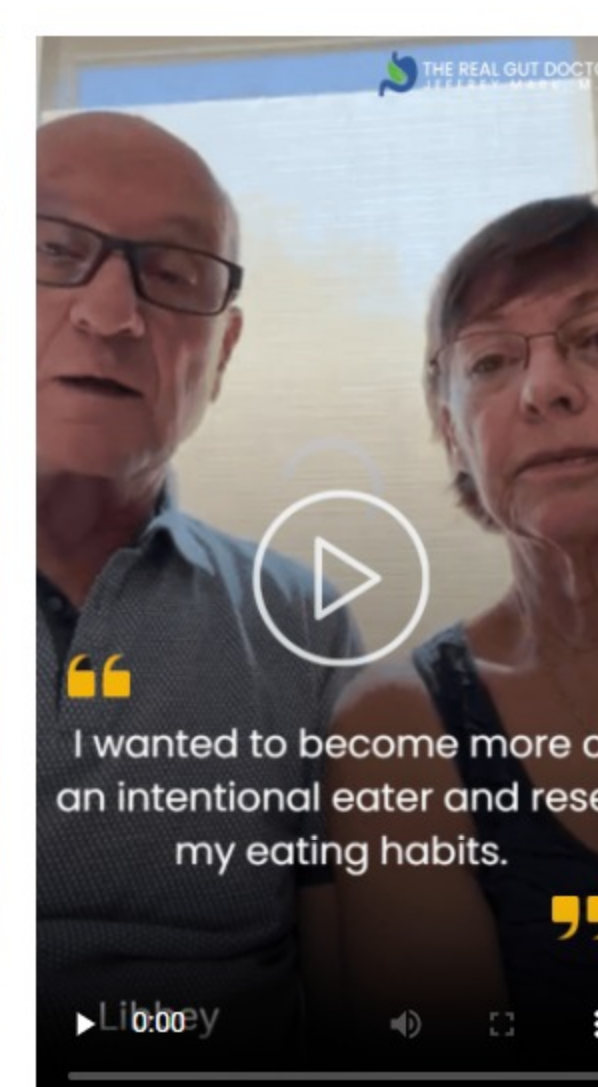
“let's go I signed up for the program right away”

Michelle



“several months later after a subsequent blood test it had greatly improved the heavy metal number”

1:00:03



“I wanted to become more of an intentional eater and reset my eating habits.”

1:00:03



A COMPREHENSIVE GUIDE TO

Reclaiming Peak Health & Performance

Ditch The Digestive Distress & Regain Energy, Drive & Peak Performance

Download Now



THE HELP YOU NEED TO

Identify The Cause Of Your Health Struggles

Understand If You Gut Or Hormonal Imbalances Are To Blame

Take The Quiz

Take The First Step Today On Your Journey Back To Health

Do you have questions about starting your path back to health? Our patient coordinator is standing by, happy to answer any questions you have to determine if our approach is right for you.

Schedule A Discovery Call »

Locations

111 Deerwood Road, #118,
San Ramon, CA 94583
(925) 736-9828

2101 Geer Road, #118,
Turlock, CA 95382
74-5577 Palani Road, #3310,
Kailua Kona, HI 96740

Focus Areas

Gut Health
Heart Disease
Chronic Stress and Anxiety
Brain Health
Chronic Fatigue
Regenerative Medicine

Connect

